

Experience Sports Sessions – Location Update or Cancellation (January 2025)

DATE	TIME	PROGRAMME	LOCATION UPDATE / CANCELLATION
8 February 2025	8:30am – 9:30am	K-Kardio	These sessions will be relocated to: <u>Kallang Tennis Hub –</u> <u>Event Plaza</u>
	10am – 11am	Strong by Zumba	
15 February 2025	8:30am – 9:30am	K-Kardio	
	10am – 11am	Strong by Zumba	
11 February 2025	7pm – 8pm	Boot Camp	These sessions are <u>cancelled</u> due to an event
12 February 2025	7pm – 8pm	Fight-Do	
13 February 2025	7pm – 8pm	Tabatha Mania	
16 February 2025	8:30am – 9:30am	International Remix – Cardio Rocks	
	10am – 11am	FIT Blast	
17 February 2025	7pm – 8pm	International Remix – Dance Storm	
22 February 2025	8:30am – 9:30am	K-Kardio	
	10am – 11am	Strong by Zumba	
23 February 2025	8:30am – 9:30am	International Remix – Cardio Rocks	
	10am – 11am	FIT Blast	
26 February 2025	7pm – 8pm	Fight-Do	
27 February 2025	7pm – 8pm	Tabatha Mania	